



Pelvic Floor Physical Therapy

- **Initial Evaluation (90 minutes)** \$300
- **Follow Up Visit (60 minutes)** \$225
- **Virtual Evaluation (60 minutes)** \$250
- **Virtual Follow Up (30 minutes)** \$125

Birth Doula Services

- **Birth Doula Package**
 - Prenatal Visit, Birth Support, Postpartum Visit \$2800

Virtual Holistic Hormone Health Coaching Services

- **Initial Visit (60 minutes)** \$225
- **Follow Up Visit (30 minutes)** \$125